

SEPTEMBER 2018 – JUNE 2019



M E N U
École Beau-Port Cafeteria
<http://beau-port.ednet.ns.ca>



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 MaryAnn LeBlanc — Manager

WEEK # 1		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 6 Sep 8 Oct 9 Oct 13 Nov 13 Nov 17 Dec 18 Dec 22 Jan 29 Feb 3 Mar 5 Mar 9 Apr 16 Apr 20 May 21 May 25	Meal	PIZZA	Fettuccine Alfredo with chicken and vegetables	Tacos	Pan-fried haddock with mashed potatoes and carrots	SURPRISE
	Soup	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>
WEEK # 2		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 11 Sep 15 Oct 16 Oct 20 Nov 20 Nov 24 Jan 3 Jan 5 Feb 5 Feb 9 Mar 19 Mar 23 Apr 23 Apr 27 May 28 Jun 1	Meal	Hamburger macaroni casserole	Crispy chicken wrap with Rotini Salad	Spaghetti with garlic bread	BBQ chicken with mashed potatoes and carrots	Hamburgers with roasted potatoes
	Soup	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>
WEEK # 3		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 18 Sep 22 Oct 23 Oct 27 Nov 27 Dec 1 Jan 8 Jan 12 Feb 12 Feb 16 Mar 26 Mar 30 Apr 30 May 4 Jun 4 Jun 8	Meal	PIZZA	Chicken nuggets with roasted potatoes	Turkey dinner with mashed potatoes and carrots	Garlic fingers with caesar salad	Sheppard pie or pancakes
	Soup	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>
WEEK # 4		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 25 Sep 29 Oct 30 Nov 3 Dec 4 Dec 8 Jan 15 Jan 19 Feb 19 Feb 23 Apr 2 Apr 6 May 7 May 11 Jun 11 Jun 15	Meal	Fettuccine alfredo with chicken and vegetables	Spicy chicken with rice and vegetables	Spaghetti with garlic bread	Roast beef dinner with mashed potatoes and carrots	Hamburger macaroni casserole
	Soup	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>
WEEK # 5		Monday	Tuesday	Wednesday	Thursday	Friday
Oct 2 Oct 6 Nov 6 Nov 10 Dec 11 Dec 15 Jan 22 Jan 26 Feb 26 Mar 2 Apr 9 Apr 13 May 14 May 18 Jun 18 Jun 22	Meal	pizza	Crispy chicken wrap with rotini salad	NACHOS	Pork tenderloin with mashed potatoes and carrots	Garlic fingers with caesar salad
	Soup	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>	<i>Macaroni soup</i>	<i>Chicken noodle soup</i>

**Menus are subject to change due to availability of food items // In the event of a storm day, the following days menu may change
 PLEASE VERIFY THE SCHOOL WEBSITE FOR MENU CHANGES IN THESE CASES**

<u>Milk prices</u>							<u>These items are only available when advertised on the menu</u>	
White milk 125ml	\$0.25	Small soup	\$2.50	Breakfast sandwich	\$3.25	Dessert/fruit bowl	\$1.50	
White milk 250 ml	\$0.45	Large soup	\$3.00	Ham & Cheese Biscuits	\$1.00	Fresh fruits (whole)	\$1.50	
Chocolate milk 125 ml	\$0.60			Oatmeal chocolate chip		Granola bar	\$1.00	
Chocolate milk 250 ml	\$1.10	Tossed salad	\$5.00	cookies	\$0.75	Cheese & crackers	\$0.75	
		Chef salad	\$8.00	Carrots & celery (125ml)	\$0.75	Rice Krispie squares	\$0.75	
<u>Meal Prices</u>		Spinach salad	\$8.00			Bottled water 500ml	\$1.50	
Small plate	\$3.75	Caesar salad	\$8.00					
Medium plate	\$5.00	Small side salad	2.00					
Large plate	\$6.50	Large side salad	\$3.75					
							Pizza/Hotdog	\$2.00
							Chicken wrap/Tacos	\$2.25
							Grilled Cheese Sandwich	\$2.00
							Extra piece (fish/chicken)	\$2.00
							Hamburgers/Sloppy Joe	\$3.00

*****Money cards for food and milk are available in any amount requested – this will replace the Meal and Milk cards*****
(Please speak to Mme MaryAnn for more information)