

SEPTEMBER 2018 – JUNE 2019



M E N U
École Beau-Port Cafeteria
<http://beau-port.ednet.ns.ca>



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 MaryAnn LeBlanc — Manager

WEEK # 1		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 5 Oct 8 Nov 12 Dec 17 Jan 28 Mar 4 Apr 15 May 20	Sep 7 Oct 12 Nov 16 Dec 21 Feb 1 Mar 8 Apr 19 May 24	Meal Pizza	Fettuccine Alfredo with chicken and vegetables	Tacos	Pan-fried haddock with mashed potatoes and carrots	SURPRISE
Soup		Chicken noodle soup	Macaroni soup	Chicken noodle soup	Macaroni soup	Chicken noodle soup
WEEK # 2		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 10 Oct 15 Nov 19 Jan 2 Feb 4 Mar 18 Apr 22 May 27	Sep 14 Oct 19 Nov 23 Jan 4 Feb 8 Mar 22 Apr 26 May 30	Meal Hamburger macaroni cassorole	Crispy chicken wraps with. Rotini Salad	Spaghetti with garlic bread	BBQ chicken with mashed potatoes and carrots	Hamburgers with roasted potatoes
Soup		Chicken noodle soup	Macaroni soup	Chicken noodle soup	Macaroni soup	Chicken noodle soup
WEEK # 3		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 17 Oct 22 Nov 26 Jan 7 Feb 11 Mar 25 Apr. 29 Jun 3	Sep 21 Oct 26 Nov 30 Jan 11 Feb 15 Mar29 May 3 Jun 7	Meal Pizza	Chicken nuggets with roasted potatoes	Turkey dinner with mashed Potatoes and carrots	Garlic fingers with ceaser salad	Sheppard pie or pancakes
Soup		Chicken noodle soup	Macaroni soup	Chicken noodle soup	Macaroni soup	Chicken noodle soup
WEEK # 4		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 23 Oct 29 Dec 3 Jan 14 Feb 18 Apr 1 May 6 Jun 10	Sep 28 Nov 2 Dec 7 Jan 18 Feb 22 Apr 5 May 10 Jun 14	Meal Fettuccine alfredo with chicken and vegetables	Spicy chicken with rice and vegetables	Spaghetti with garlic bread	Roast beef with mashed potatoes and carrots	Hamburger macaroni Casserole
Soup		Chicken noodle soup	Macaroni soup	Chicken noodle soup	Macaroni soup	Chicken noodle soup
WEEK # 5		Monday	Tuesday	Wednesday	Thursday	Friday
Oct 1 Nov 5 Dec10 Jan 21 Feb 25 Apr 8 May 13 Jun 17	Oct 5 Nov 9 Dec 14 Jan 25 Mar 1 Apr 12 May 17 Jun 21	Meal Pizza	Crispy chicken wrap with rotini salad	Nachos	Pork tenderloin with mashed potatoes and carrots	Garlic fingers with ceaser salad
Soup		Chicken noodle soup	Macaroni soup	Chicken noodle soup	Macaroni soup	Chicken noodle soup

Menus are subject to change due to availability of food items // In the event of a storm day, the following days menu may change
PLEASE VERIFY THE SCHOOL WEBSITE FOR MENU CHANGES IN THESE CASES

Milk prices		Meal Prices		These items are only available when advertised on the menu	
White milk 125ml	\$0.25	Small soup	\$2.50	Breakfast sandwich	\$3.25
White milk 250 ml	\$0.45	Large soup	\$3.00	Ham & Cheese Biscuits	\$1.00
Chocolate milk 125 ml	\$0.60	Tossed salad	\$5.00	Oatmeal chocolate chip cookies	\$0.75
Chocolate milk 250 ml	\$1.10	Chef salad	\$8.00	Carrots & celery (125ml)	\$0.75
		Spinach salad	\$8.00		
		Caesar salad	\$8.00		
		Small side salad	\$2.00		
		Large side salad	\$3.75		
				Dessert/fruit bowl	\$1.50
				Fresh fruits (whole)	\$1.50
				Granola bar	\$0.75
				Cheese & crackers	\$0.75
				Rice Krispie squares	\$0.75
				Bottled water 500ml	\$1.50
				Pizza/Hotdog	\$2.00
				Chicken wrap/Tacos	\$2.25
				Grilled Cheese Sandwich	\$2.00
				Extra piece (fish/chicken)	\$2.00
				Hamburgers/Sloppy Joe	\$3.00

*****Money cards for food and milk are available in any amount requested – this will replace the Meal and Milk cards*****
 (Please speak to Mme. MaryAnn for more information)